

OCTOBER 2023 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Tavern/bun Potato Wedges Celery and Carrots Berry cup	3 Spaghetti Garlic Toast Corn Pears	4 Haystacks Lettuce Black Bean Salsa Peaches	5 Grilled Cheese Tomato Soup Peas Banana	6 <u>Homecoming</u> Deli sandwich Chips Apples Carrot sticks
9 Chicken Patty/Bun Cheesy Potato Carrots & Ranch Applesauce	10 Beef taco Lettuce Refried Beans Banana	11 <u>2 Hr Early Out</u> Hot Dog Chips Baked Beans Pineapple	12 Chicken Noodle Casserole Dinner roll Mixed Veggies Mango	13 <u>Jay Walk-a-Thon</u> Mac n Cheese Peas Garlic Stick Fruit Cocktail
16 Hot Ham & Cheese Celery/Carrots Apple Slices Animal Crackers	17 Chicken Noodle Soup Crackers Bologna Sandwich Peas Oranges	18 Hamburger Tri-tator Green beans Peaches	19 Orange Chicken Rice Carrots Pineapple Fortune Cookie	20 Pizza Dippers Romaine Lettuce Marinara Sauce Fresh Fruit
23 BBQ Pork/bun Coleslaw Baked Beans Mango	24 Goulash Garlic Toast Carrots Pears	25 <u>2 Hr Early Out</u> Corn Dog Chips Baked Beans Pineapple	26 Cream Chicken on Biscuit Mixed Veggies Peaches	27 Cheese Pizza Lettuce Salad Strawberries Fruit snack
30 Mr.Ribb/bun Chips Baked Beans Oranges	31 Chili Crackers Cinnamon Roll Corn Banana			

Go Jays!

This institution is an equal opportunity provider.